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Dec 04, 2014 Christine Carter is a sociologist and leading happiness expert and author of "The Sweet Spot: How to Find Your Groove at Home Find Your Groove at Home

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Christine Carter, Ph.D., is the author of The Sweet Spot: How to Find Your Groove at Work and Christine's Books. Free Tips! Photos.

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The sweet spot: how to find your groove at work

Author information. Christine Carter, Ph.D., is a sociologist and happiness expert at UC Berkeley's Greater Good Science Center, an interdisciplinary research center

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Christine carter | speaker profile and speaking

The Sweet Spot: How to Find Your Groove at Work & Home; Dr. Christine Carter, Ph.D is the author of The Sweet Spot: How to Find Your Groove at Home and Work

Dr. christine carter | happiness expert,

My copy of Christine Carter s The Sweet Spot is a book on work-life balance. Christine Carter has once again Christine offers "micro-habits

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